


*Webinar on*

# **California Meal And Rest Periods: What You Don't Know Can Cost You**

# Learning Objectives

- Understand the basic requirements under California law pertaining to meal and rest periods*
- Walk through the effects of the California Supreme Court decision of Brinker Restaurant Corporation v. Supervisor Court on meal and rest periods*
- Discuss specific sub-topics pertaining to waivers and on-duty meal periods; rest periods; and, on-call rest periods*



*Review common violations by employers in attempting to follow the law*

*Enumerate the penalties and remedies for violations under the law*

*Review examples of recent settlements*

*Review best practices for compliance*

*Identify resources for further information about the requirements*

This Webinar is designed to provide you with a practical foundation for how to properly create and administer your own meal and rest period policy.

**PRESENTED BY:**

*Melveen Stevenson is the CEO and founder of M.S.Elemental, LLC, a human resources and business advisory firm based in Los Angeles, California. Melveen is certified through the Society of Human Resource Management (SHRM-SCP) and the Human Resources Certification Institute (SPHR). In addition, she is certified in Extended DiSC® and is a Certified Holistic Health Practitioner..*



On-Demand Webinar

Duration : 60 Minutes

Price: \$200

# Webinar Description

Meal and rest breaks laws continue to confound California employers with hourly-paid employees. Without a solid understanding of these specific requirements, your policies and procedures for your non-exempt employees can pose a substantial financial risk to your business.

Employers, managers, supervisors, and human resources professionals should have a sound understanding of these laws so that they can communicate the legal requirements to their hourly-paid employees. As well, they need to be well-versed so that they can provide non-exempt employees with the opportunities to take their entitled meal and rest periods.

By attending this training, employers and their leaders will have a working knowledge of California meal and break period requirements and help their companies to be compliant under the law.

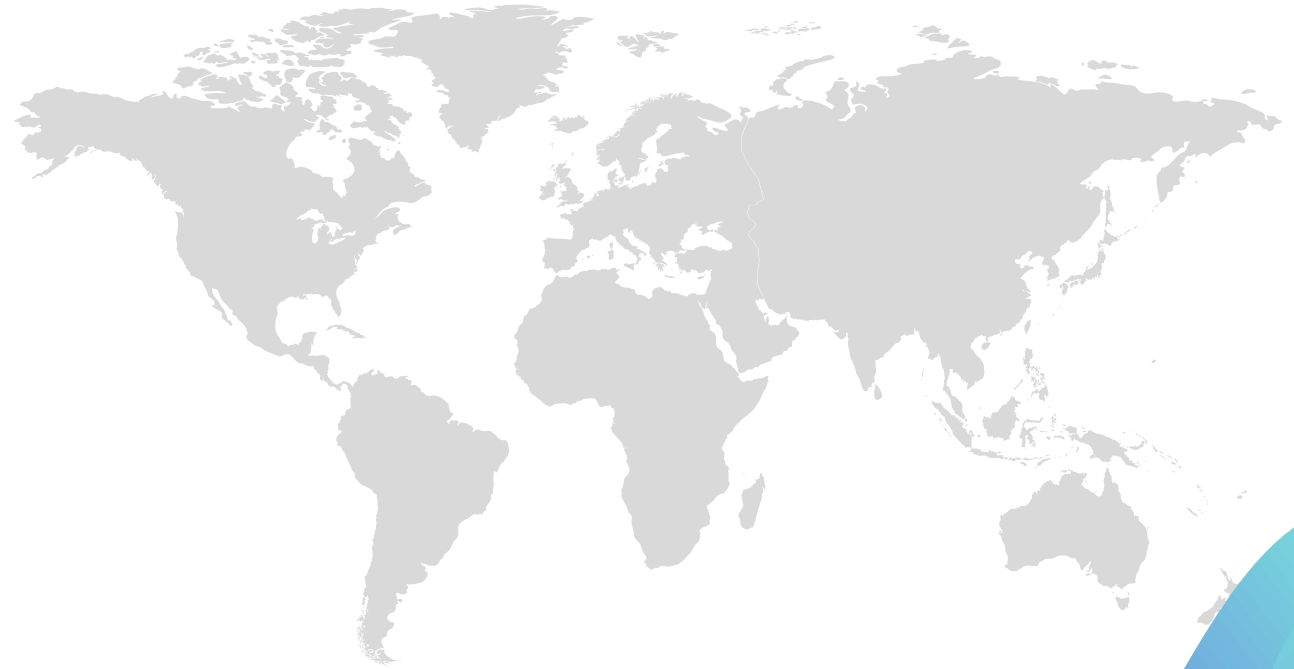


# Who Should Attend ?

*Leaders (executive, vice-president, director, manager) and supervisors of hourly-paid employees based in California*

*Human resources leaders and professionals (all levels) with California responsibilities*

*Functional areas: Finance, Accounting, Operations, Human Resources, Quality, Sales (Inside Sales), Marketing, Engineering, Sanitation*

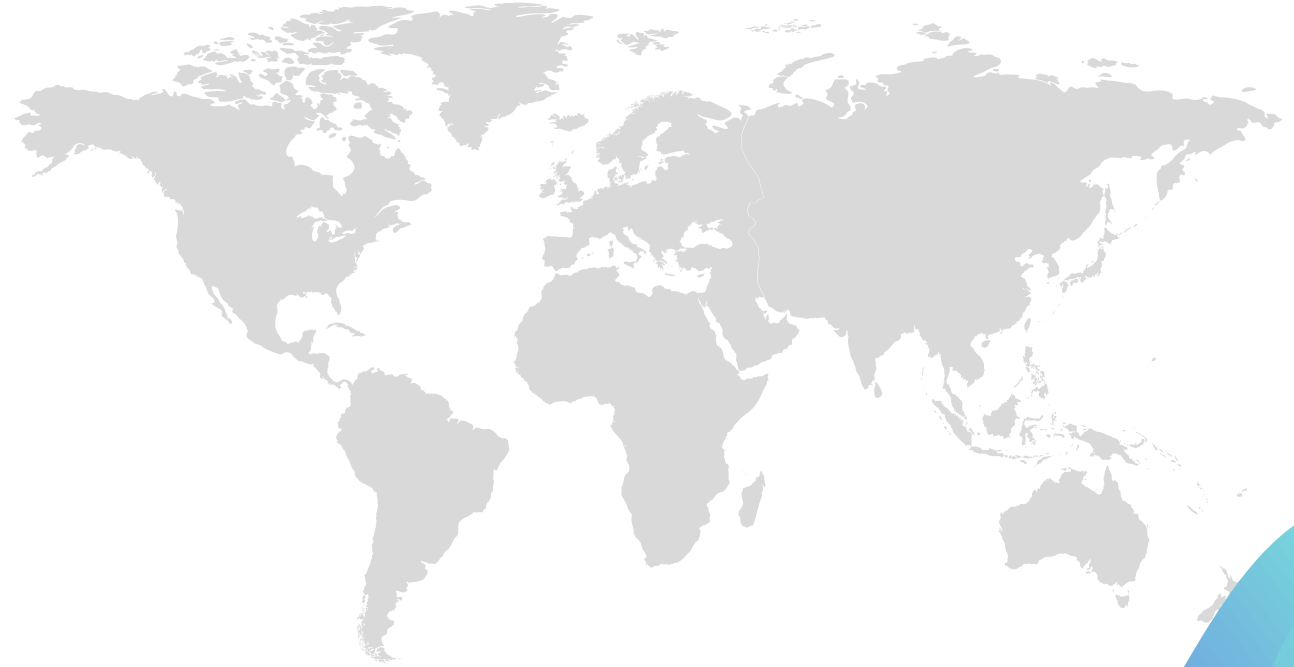


# Topic Background

*California statutes pertaining to meal and rest periods for non-exempt employees is one of the more confusing topics in today's business environment.*

*This course is designed to provide you with a practical foundation for understanding the law. It includes guidelines for how to properly create and administer your own meal and rest period policy. Or, if your company already has its own policy, then this information can help you to review your existing policy as well as the procedures and practices in "real life" daily operations.*

*By the end of the course, you will be informed about the laws so that you will be better equipped to assist your company in being California-compliant with meal and rest periods.*



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